

## How can you live up to your potential?

Understanding the power of the human potential is the first step toward healing ourselves, our bodies, broken hearts, failures, lack and our stress-filled lives.



You deserve and are supposed to be pain-free, healthy, happy and living your life to your fullest potential.

Here are some people who have reached for their potential:

“As a result of participating in the Unlimited Breath workshop series, I have reconnected with my heart’s passion. I left a successful career in advertising and am now self-employed living my dream with more success than I ever thought possible!”

- Melissa

“When I was widowed after 34 years of marriage, I believed life wasn’t going to be any fun. After participating in the Unlimited Breath workshop series I am taking more risks and I am more adventurous than ever, enjoying life to the fullest!”

- Pat

“I grew up in a family that always struggled with money. When I became an adult, supporting myself, I too was always struggling and worrying about money. After working with Unlimited Breath, I have more financial abundance than ever!”

-Kristina Weber

## What is Unlimited Breath?

Unlimited Breath is an easy to learn Natural Breathing technique that can bring about profound changes in your life; the very changes you’ve been trying so hard to create.

This method of breathing can help you resolve your past, heal physical issues, and establish new patterns to achieve your dreams and goals.

Chances are, that as you are reading this, you are breathing. Breathing is the one thing we cannot do without for more than a short time.

Unfortunately you are probably only breathing at about 20% of your lung capacity.

We know that if we want to calm ourselves we can take deep, slow breaths. We know that if we need a lot of energy for activities like jogging or sex we have to take great big, fast gulps of air. Many of us know the peaceful sound of a loved one’s sleeping breath.

Wondrous things can “take our breath away,” and some behaviors can get someone tagged a “heavy breather”. We take a deep breath before we dive in. When we start practices like yoga we find special ways of breathing.

**As millions have already experienced,**

**Your Life Will Change  
when you learn to breathe to  
a 80% or a 100%!**

**For More Information**

**Call Kim (506) 8707 - 6274**

**Register Here:**

**[www.UnlimitedBreath.com](http://www.UnlimitedBreath.com)**

# The Power of Your Unlimited Breath™



**Transformational  
Workshop**

**December 9 - 10, 2017**

**Ojochal, Costa Rica**

**[UnlimitedBreath.com](http://UnlimitedBreath.com)**



## If You would like Easy and Gentle Changes In Your Life, Unlimited Breath Is For You!

If You knew that you were capable of doing, having, and being more, you might take this invitation as a sign that now it is your time to evolve to your next level.

“So, how can you evolve?” Unlimited Breath will make you aware of self-defeating thoughts and trapped emotions stored in your body and hidden in your subconscious mind.

These limiting beliefs and repressed emotions are actually the cause for your failure to achieve the results you deserve.

But, you are SUPPOSED TO have the wealth you deserve, the relationship of your dreams, the career you desire, and live a healthy meaningful and fulfilling life.

Through Unlimited Breath you can easily and efficiently discover and release these limitations

*Unlimited Breath* is a profound Natural Breathing technique that has been perfected over several decades and has helped thousands of people improve the quality of their lives.

With your newly reclaimed power you become the Conscious Creator of your destiny!

# The Power of Your Unlimited Breath

## Going Through A Change...

This workshop assists you to improve your life and reach your needs and desires by uncovering your naturally successful self.

You will learn some of the basic principles of Unlimited Breath, fully experience 2 Unlimited Breath Sessions and explore your creative power.

Using the extraordinary power of this breathing technique and the insightful guidance of your teacher, you will be amazed at the progress you can make in just three days.

## The Teacher...



Since 1984, **Arne Rantzén's** passion for the human potential and loving presence has enabled him to help thousands of people around the world, ranging from those with injuries and chronic problems to those who are set to achieve their dreams.

Arne began his healing career, over 30 years ago, working extensively with Western medicine. Dissatisfied with the temporary results of symptomatic healing led him to study with the most prominent healers in the Contemporary Healing Arts. He became a Teacher of Rebirthing, the International Seminar Leadership Program directed by Bob and Mallie Mandel, Body Harmony, trained by Dr. Don McFarland, and the Loving Relationships Training under the guidance of Sondra Ray. Arne spent 5 years as a Tibetan Monk, which deeply influences his approach to profound healing.

Combining his knowledge of Western Medicine, numerous Healing Modalities and Tibetan Buddhism Arne created 'Unlimited Breath' in 1995 and Creative Questions in 2000.

Today, Arne is committed to creating a healthy, wealthy, happy, and inspirational world.

## The Workshop Information...

**Where: Ojochal, Costa Rica**

**When: December 9 - 10, 2017.**

Saturday and Sunday

9 am - 6 pm.

Ending times are approximate.

Tuition: \$395

Early Bird \$295 (before Dec. 1)

**Deposit: \$100**

(to hold your space)

## Who Should Attend?

You should attend if:

- You would like to speed up your progress in accomplishing your goal.
- You would like to sample Unlimited Breath before you decide to engage in Your Six Truths to Empowered Living workshops series.

## How Do You Register?

Go to [www.UnlimitedBreath.com](http://www.UnlimitedBreath.com) and click workshops or

Call Kimberly Faddah at (506) 8707-6274.

Register early to secure your place.

**It is really that easy!**

## Career Opportunities...

Arne Rantzen trains and supports individuals to become Unlimited Breath Practitioners and Teachers. If you are interested in expanding the services you offer in the area of holistic health or personal development, or to join this exciting field, **Register Today!**