

What People Say About Unlimited Breath....

"I had been diagnosed with atrial fibrillation, a chronic heart problem. After working with Unlimited Breath I have had no symptoms for over one year and I have never felt better! I highly recommend this program to anyone with a health problem".

- Ron

"As a result of participating in the Unlimited Breath workshop series, I have reconnected with my heart's passion. I left a successful career in advertising and am now self-employed living my dream with more success than I ever thought possible!"

- Melissa



"When I was widowed after 34 years of marriage, I believed life wasn't going to be any fun. After participating in the Unlimited Breath workshop series I am taking more risks and I am more adventurous than ever, enjoying life to the fullest!"

- Pat

"Before I was involved with Unlimited Breath my relationship of three years was ending. Now, I have more intimacy in my relationship than I've ever experienced, we bought a house and are parenting our first child together."

- Dale

"I grew up in a family that always struggled with money. When I became an adult, supporting myself, I too was always struggling and worrying about money. After working with Unlimited Breath, I have more financial abundance than ever!"

- Kristina

**You Too Can Enjoy
This Workshop!**

What is Unlimited Breath?

Unlimited Breath is an easy to learn Natural Breathing technique that can bring about profound changes in your life; the very changes you've been trying so hard to create.

This method of breathing can help you resolve your past, heal physical issues, and establish new patterns to achieve your dreams and goals.

Chances are, that as you are reading this, you are breathing. Breathing is the one thing we cannot do without for more than a short time.

Unfortunately you are probably only breathing at about 20% of your lung capacity.

We know that if we want to calm ourselves we can take deep, slow breaths. We know that if we need a lot of energy for activities like jogging or sex we have to take great big, fast gulps of air. Many of us know the peaceful sound of a loved one's sleeping breath.

Wondrous things can "take our breath away," and some behaviors can get someone tagged a "heavy breather". We take a deep breath before we dive in. When we start practices like yoga we find special ways of breathing.

As millions have already experienced,

**Your Life Will Change
when you learn to breathe to
a 80% or a 100%!**

For More Information

Call Kim (506) 8707 - 6274

Register Here:

www.UnlimitedBreath.com

Unlimited Breath™



**Your Six Truths to
Empowered Living**

6 Weekend Workshops

January thru June, 2018

**Paraiso Wellness
and Yoga Center**

Ojochal, Costa Rica

Your Six Truths To Empowered Living

How can breathing more free you and make you feel good?

If you would like to create easy and gentle changes in your life, *Unlimited Breath* is for you! You can have the wealth you deserve, the relationship of your dreams, the career you desire, and live a healthy life. **Take charge today!**

Unlimited Breath is a profound breathing technique that has been perfected over several decades and has helped thousands of people improve the quality of their lives.

Over 70% of the body's toxins are released through the breath; cleansing body, mind and spirit. By adding more oxygen and Spirit to your life, you will witness the power of Life-force in action and enjoy an awakening evolution.



Why would you be searching for something?

You know you are capable of doing, having, and being more. So why aren't you? If you knew the answer you would have already changed. Through utilizing this powerful breathing technique, you become aware of self-defeating thoughts and trapped emotions stored in your body and hidden in your subconscious mind.

These limiting beliefs and repressed emotions are actually the cause for your failure to achieve the results you deserve. Through Unlimited Breath you can easily and efficiently discover and release these limitations. With your newly reclaimed power you become the conscious creator of your destiny!

The Workshop Series...

One way to experience *Unlimited Breath* is through participating in *Your Six Truths To Empowered Living Workshop Series*. This workshop series is extremely powerful and provides you with a safe and supportive environment for self-exploration, healing and personal evolution.

In this workshop series you will explore what it is you want out of life and **learn how to achieve it!** You will learn practical, common-sense techniques to create more of what you want and deserve.

Each workshop is devoted to one of the following topics: *Mastering Change, Conscious Creation, Natural Breathing, Choosing Awareness, Changing Habits, and Optimum Living.*

You will receive profound information, participate in experiential exercises, uproot limiting habits and beliefs, and plant your new Awareness through the Unlimited Breath sessions you get in this workshop series.

The Teachers...

The certified Unlimited Breath teachers are highly trained professionals with a thorough understanding of *Your Six Truths*. They can effectively and safely guide you in the process of your self discovery. They too began as workshop participants and clients and are now living proofs that **Unlimited Breath works!**

The Workshop Information...

January thru June, 2018
Paraiso Wellness and Yoga Center
Ojochal, Costa Rica

Mastering Change	January 20-21
Conscious Creation	February 17-18
Natural Breathing	March 24-25
Choosing Awareness	April 14-15
Changing Habits	May 5-6
Optimum Living	June 2-3

Saturdays and Sundays 9AM - 6PM.

Tuition: **Deposit US \$500**

Full Tuition: US \$2,495

Early Bird: US \$1,995 (if paid in full, before January 1, 2018)

US \$495 per workshop, if paid individually.

Who Should Attend?

You should attend if:

- You would like to engage in a Conscious Life.
- You would like to learn to use Unlimited Breath as Your Healing Guide.

How Do You Register?

Go to www.UnlimitedBreath.com and click workshops or contact:

Kim Faddah - Costa Rica (506) 8707-6274
KimFaddah@Yahoo.com

Arne Rantzen - USA (772) 249-1080
Costa Rica 8311-1221
ARNE@UnlimitedBreath.com

Register early to secure your place.